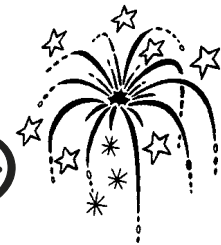


JULY 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Serve "hero" sandwiches for dinner and share stories about real-life heroes.	2 Recite the Guardian Angel prayer before bedtime.	3 Abstain from TV as a Friday sacrifice.	4 Make a paper flag and hang it in the window to celebrate our country.
5 After Mass today, write a family prayer to say every Sunday this Summer.	6 In honor of St. Joseph, do something nice for your father.	7 Put fresh flowers in a prominent place in your home to remember our new life in Jesus.	8 Select a person or situation in the news and devote a family prayer to it.	9 Make up a silly song and laugh together while you sing it.	10 Donate canned or packaged food to a soup kitchen or homeless shelter.	11 In honor of his feast day, ask St. Benedict to watch over our Pope.
12 Eat ice cream sundaes after Mass today to celebrate the Lord's Day.	13 Give a homemade card to someone who might need cheering today.	14 Talk about what you would say to Jesus if he came to visit you in your home.	15 Draw a picture of something God has given you for which you are truly grateful.	16 Look for a way God told you he loves you today. Tell about it at dinner.	17 Visit a nursing home and chat with the residents.	18 Make up a story and let everyone have a chance to add to it. Give it a happy ending.
19 Celebrate the Eucharist by having bread with every meal.	20 Share the joy of God's love. Tell a joke and make someone smile.	21 Pray the "Hail, Holy Queen" today in honor of our Blessed Mother.	22 Pray the "Glory Be" as a family in honor of the Blessed Trinity.	23 Exercise empathy; talk about how you would finish the sentence, "how would I feel if ..."	24 Skip a favorite snack or activity today in honor of Jesus' suffering on the Cross.	25 Shower each other with love today.
26 Celebrate the feast day of Sts. Joachim and Ann, Jesus' grandparents.	27 Make up songs that tell God how much you love him.	28 Pick a Beatitude and live it all day (Matthew 5:3-11).	29 In honor of St. Martha today, clean house and share a special meal.	30 Before bedtime, pray to your patron saint.	31 Make cookies from a recipe. Talk about God's "recipe" for our lives.	



August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Turn off the TV and computers and tell stories after dinner tonight.
2 At Mass today, thank God for the gift of family.	3 Sing your favorite songs from Mass together.	4 St. John Vianney is patron of parish priests. In his honor, send a priest a card.	5 Bless each child this morning before the day's activities start.	6 In honor of the Transfiguration, come to dinner dressed in your best clothes.	7 Pin a picture of a guardian angel to your collar to remind you of your protector.	8 In honor of St. Dominic, talk only of God and his blessings at dinner tonight.
9 Celebrate Sunday as our weekly Easter. Bake a cake for a special snack after Mass.	10 Pay a compliment to each member of the family.	11 Celebrate the patron saint of television, St. Clare, by watching family-oriented shows together.	12 forgive Say, "I forgive you" to someone who hurt you.	13 Recite the Apostle's Creed as an act of faith.	14 Demonstrate charity by inviting friends over for dessert tonight.	15 Celebrate Mary's Assumption by blowing bubbles or flying kites toward Heaven.
16 After Mass today, set an extra place for Jesus at your table.	17 Learn more about the saint whose feast day is celebrated on your birthday.	18 Surprise someone with a friendly phone call.	19 Set up a prayer place in your home. Use a pillow, a candle, and a Bible. Then use it.	20 Ask the pastor what your family can do to help out in the parish.	21 Pick a story from the Old Testament and read it together at bed time.	22 Honor Mary's Queenship by crowning a statue in your home or drawing a picture of her wearing one.
23 Gather up all the loose change in the house and put it in the collection basket during Mass.	24 Pray for all foreign missions today.	25 Write down all the friendly phrases you can think of. See how many you can write.	26 Practice patience.	27 Family Fun Night: Play board games, sing songs, watch movies ... together!	28 Abstain from meat today and put the money saved in the poor box at church.	29 Take a family walk and bring home as many different wild flowers as you can.
30 Light a candle for the Holy Father's intentions after Mass today.	31 To help see your home as a "church," make paper crucifixes and put one in every room.					