

Our Lady of Lourdes

Religious Education Monthly News

Lenten Regulations

The days of Fast and Abstinence during Lent are Ash Wednesday and Good Friday. On the days of Fast, only one (1) full meal is permitted for those between the ages of 18 and 59.

The Fridays during Lent are days of Abstinence. On a day of Abstinence, no meat may be eaten

Lenten Opportunities

Stations of the Cross every Friday at 7:00 PM followed by our traditional '*soup and fellowship*' in the parish hall.

'The Eucharist: Source and Summit' – a six week presentation beginning Monday March 6th following the 7:00 PM mass.

March Calendar

3	Stations 7:00 PM
4	Confirmation Retreat
6	The Eucharist: Source and Summit – Brief History of the Eucharist
8, 9	Classes
10	Stations 7:00 PM
13	The Eucharist: Source and Summit – Introductory Rites
15, 16	Classes
17	Stations 7:00 PM
20	The Eucharist: Source and Summit – Proclamation of the Word of God
22, 23	Classes
24	Stations 7:00 PM
24	First Eucharist pictures – by appointment only
27	The Eucharist: Source and Summit – Liturgy of the Eucharist
29, 30	Classes
31	Stations 7:00 PM

Questions or concerns? Call Kathy Isherwood in the Office of Religious Education at 856-881-1552