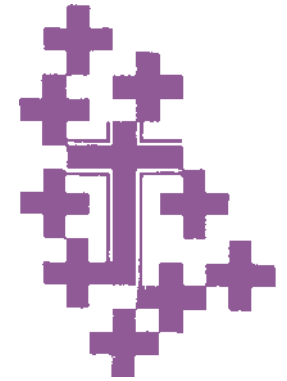


LENT 2010



As a community of faith we celebrate the holy season of LENT both communally and individually. This calendar is meant to offer each of us many opportunities to help us increase our awareness and appreciation of the experience of LENT and what it adds to our daily living as Christians. May our communal and individual experience of LENT 2010 lead us to all the joys of the EASTER JESUS!

*Church of the Ascension
New Milford, New Jersey*

February / March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PRAY FAST SHARE			<i>Ash Wednesday</i> 17 Try to attend Mass today and pray for the sick	18 Tell someone how much you love and appreciate them	19 Pray the Stations of the Cross for bishops, priests and deacons and their ministry in the Church	20 Spend extra time today with someone who needs attention
21 <i>First Sunday of Lent</i> "He will bid his angels watch over you"	<i>Chair of Peter</i> 22 Pray for our Holy Father, Pope Benedict	<i>St. Polycarp</i> 23 Pray for all Church leaders throughout the world	24 Pray for an increase in vocations to the priesthood and religious life	25 Visit a relative, friend or neighbor who is shut-in	26 Pray the Stations of the Cross for all engaged couples	27 Pray for all who are persecuted because of their faith
28 <i>Second Sunday of Lent</i> "This is my Son, my Chosen One. Listen to Him."	March 1 Pray for all who are poor and homeless	2 Say "I'm Sorry" to someone you have offended	<i>Saint Katharine Drexel</i> 3 Try to attend Mass today and pray for Police Officers, Firefighters and Rescue Squaders	<i>St. Casimir</i> 4 Pray for doctors and nurses and all who take care of the sick	5 Pray the Stations of the Cross for the poor, the homeless and the unemployed	6 Call or write a note to someone who needs a lift

March / April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Third Sunday of Lent 7 "Reform your lives and believe in the Good News!"	<i>St. John of God</i> 8 Try to attend Mass today and pray for the priests of our parish	<i>St. Frances of Rome</i> 9 Pray for all who are poor and homeless	10 Try to attend Mass today and pray for Police Officers, Firefighters and Rescue Squaders	11 Pray and reflect on the Prayer of Saint Francis of Assisi	12 Pray the Stations of the Cross for all who are persecuted because of their faith	13 Make it a point to say "Thank You" to someone today
Fourth Sunday of Lent 14 "...Celebrate and Rejoice! This brother of yours...has come back to life!"	15 Pray for vocations to the priesthood and religious life	16 Give someone a hug today	<i>St. Patrick</i> 17 Pray for world peace, especially in Ireland	<i>St. Cyril of Jerusalem</i> 18 Pray for missionaries throughout the world	<i>Solemnity of St. Joseph</i> 19 Pray the Stations of the Cross for your father, grandfather and godfather	20 Visit a relative, friend or neighbor who is shut-in
Fifth Sunday of Lent 21 "Let the one who has no sin cast the first stone."	22 Pray for those who have no one to pray for them	<i>St. Turibius of Mogrovejo</i> 23 Pray for bishops, priests and deacons and their ministry in the Church	24 Try to attend Mass today and pray for all who preach God's Word	<i>Solemnity of the Annunciation of the Lord</i> 25 Pray for your mother, grandmother and godmother, and all expectant mothers	26 Try to attend our parish Lenten Evening of Reflection tonight.	27 Try to attend Mass and our parish Lenten Morning of Reflection with Fr. Cormier.
Palm Sunday 28 "Hosanna! Blessed is he who comes in the name of the Lord! Hosanna!"	<i>Monday of Holy Week</i> 29 Today, really "listen" to someone who needs an ear	<i>Tuesday of Holy Week</i> 30 Tell someone how much you love and appreciate them	<i>Wednesday of Holy Week</i> 31 Spend extra time today with someone who needs attention	Holy Thursday April 1 Easter Triduum "Love one another as I have loved you."	Good Friday 2 "By your holy Cross You have redeemed the world."	Holy Saturday 3 "By our baptism we were buried with Christ."

Easter Sunday 4
Alleluia!
Christ is Risen!
Alleluia! Alleluia!



alleluia + alleluia + alleluia



alleluia + alleluia + alleluia